

# Meals on Wheels SA is thrilled to launch The Big Brunch Drive. An annual fundraiser, designed to bring people together over a big enjoyable brunch with lashings of purpose.

Our mission is simple but powerful: to inspire individuals, community groups, and businesses to come together to raise awareness and funds in support of our purpose—promoting independence, enhancing wellbeing, and fostering connections by ensuring everyone has access to nutritious meals and meaningful social interactions.

### **HOW IT WORKS**

The Big Brunch Drive will run for one week from Monday 2 June to Sunday 8 June.

### WHO CAN PARTICIPATE?

Everyone! Individuals, community groups, schools and businesses are all welcome to join.

## **HOW DO I JOIN?**

Simply register on the MoWSA website **mealsonwheelssa.org.au/thebigbrunchdrive** where you will also find toolkits filled with resources to help you host your own brunch event.

# WHY THIS MATTERS

Communities thrive when people feel a sense of belonging, connection, and purpose. Strong communities bring joy, support, and unity, which are essential to living a fulfilling life.

At Meals on Wheels, we're proud to play a role in building those connections. While delivering nutritious meals is at our core, our work goes far beyond that - we reduce social isolation, monitor wellbeing, and help link people to other essential support services.

By joining The Big Brunch Drive, you're helping us continue to provide care, connection, and community to those who need it most.

